Smart Hydrogels for Controlled Drug Delivery



Biomaterials Project Professor Mehdinavaz Aghdam TA: ENG Pirhadi Created by Morteza Khodaei

School of Metallurgy and Materials Engineering University of Tehran



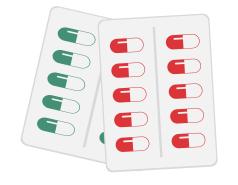


What Are Smart Hydrogels?

- Responsive materials for precise drug release
- Triggered by stimuli like pH, enzymes, or temperature
- Core role in targeted and personalized therapy



- Localized treatment with minimal side effects
- Enhanced efficacy via site-specific drug action
- Smart hydrogels as innovative carriers







Inflammatory Bowel Disease (IBD)

• Chronic inflammation of the digestive tract causing pain

and discomfort

- Two main types: Crohn's disease (any GI tract) and
 - ulcerative colitis (colon only)
- Symptoms include diarrhea, abdominal pain, and weight-
- loss
 - Existing treatments often fail to target inflammation
 - precisely



Case Study Overview



Three advanced hydrogel systems for targeted IBD treatment.



03

04

Matrix metalloproteinase-responsive hydrogels

for enzyme-specific action.

Starch-based hydrogels

for pH-sensitive colonic delivery.

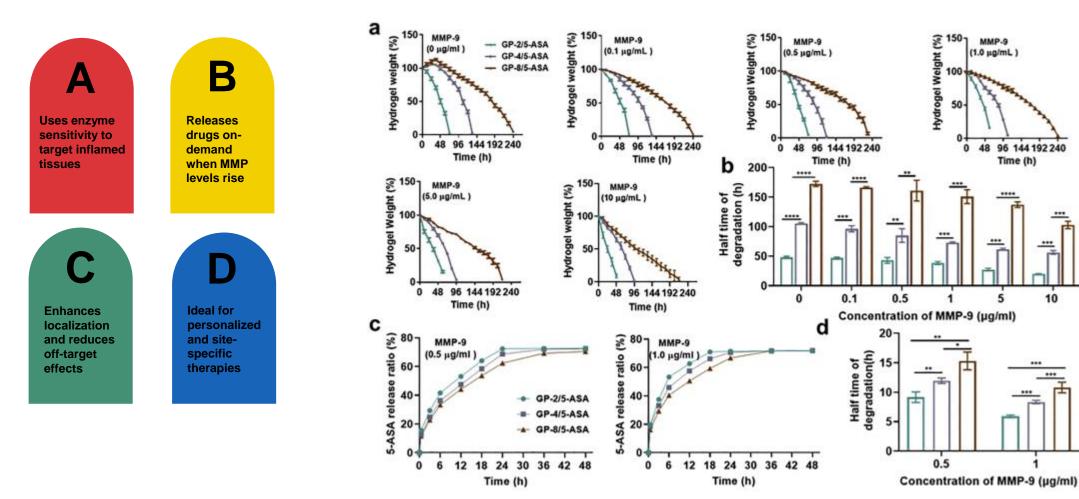
Composite HA/GE hydrogels

combining microspheres and hydrogels for sustained release.





Case Study 1 – MMP-Responsive Hydrogels



Xie, Xueyong, Yaohui Wang, Bo Deng, Michael R Blatchley, Dongwei Lan, Yizhou Xie, Meng Lei, et al. "Matrix Metalloproteinase-Responsive Hydrogels with Tunable Retention for on-Demand Therapy of Inflammatory Bowel Disease." Acta Biomaterialia 186 (2024): 354-68.

MMP-9

48 96 144 192 240

...

10

Time (h)

5

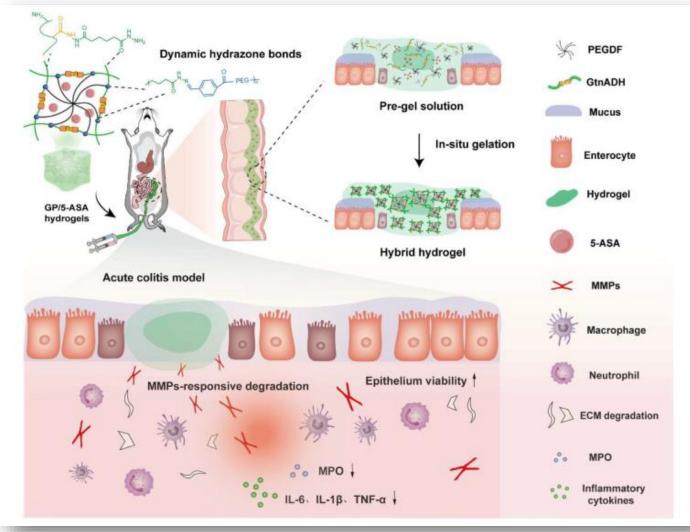
5



Case Study 1 – MMP-Responsive Hydrogels

MMP-responsive GP hydrogels with tunable retention for on-demand therapy of inflammatory bowel disease. The hydrogels could be injected and strongly adhered to the intestinal epithelium, with variable retention times dependent on hydrogel formulation. These hydrogels were subsequently degraded by MMPs and released 5-ASA into the intestinal microenvironment. The hydrogels facilitated the repair of the damaged mucosa and restored intestinal barrier functions for improving the treatment of IBD. The hydrogel therapeutics were effective in reducing the number of macrophages and the inflammatory markers included IL-6, TNF-

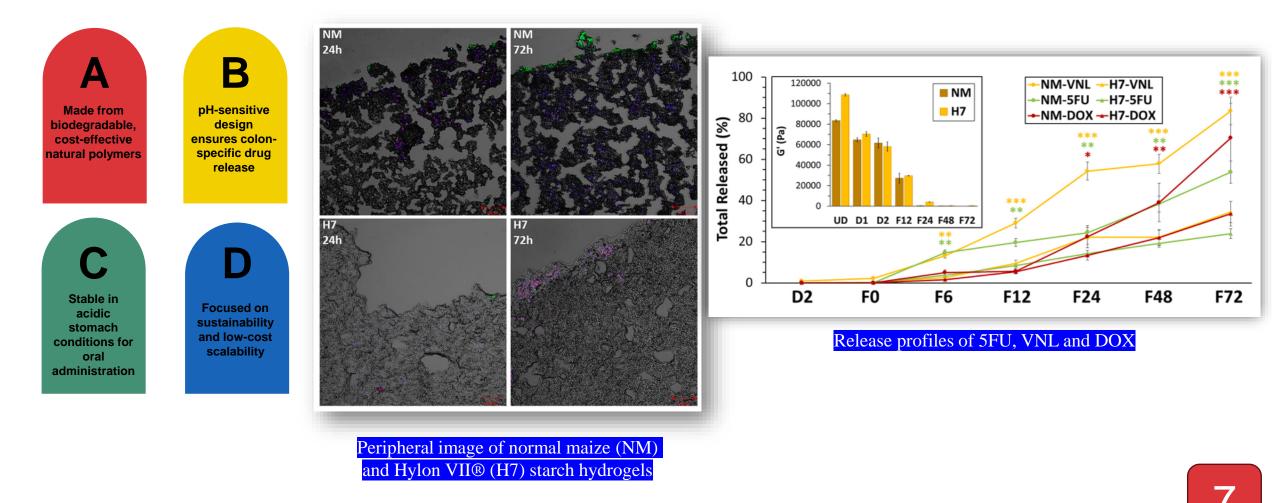
 α , and IFN γ and the expression of MPO to ultimately promoted the repair of damaged mucosa and restored intestinal barrier function.



Xie, Xueyong, Yaohui Wang, Bo Deng, Michael R Blatchley, Dongwei Lan, Yizhou Xie, Meng Lei, et al. "Matrix Metalloproteinase-Responsive Hydrogels with Tunable Retention for on-Demand Therapy of Inflammatory Bowel Disease." Acta Biomaterialia 186 (2024): 354-68.



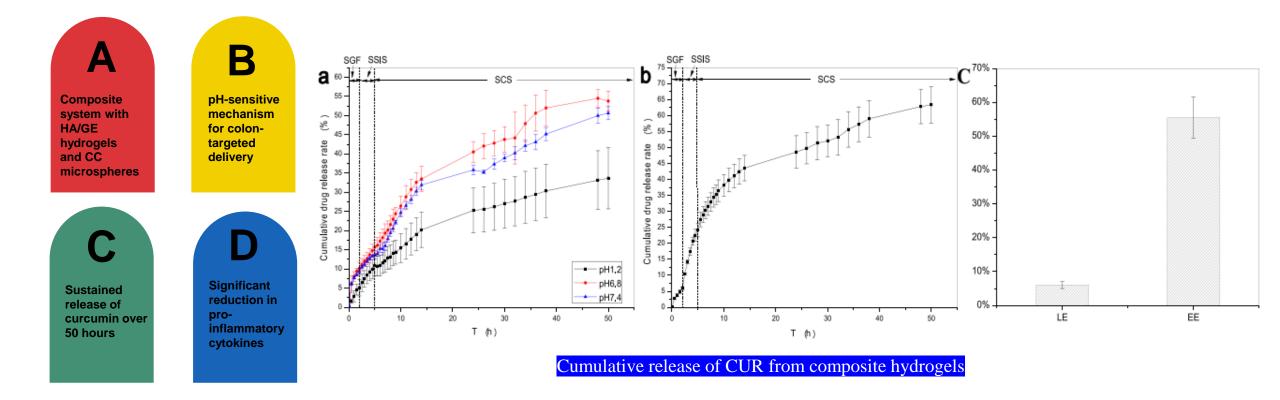
Case Study 2 – Starch-Based Hydrogels



Koev, Todor T, Hannah C Harris, Sara Kiamehr, Yaroslav Z Khimyak, and Frederick J Warren. "Starch Hydrogels as Targeted Colonic Drug Delivery Vehicles." *Carbohydrate Polymers 289 (2022): 119413.*



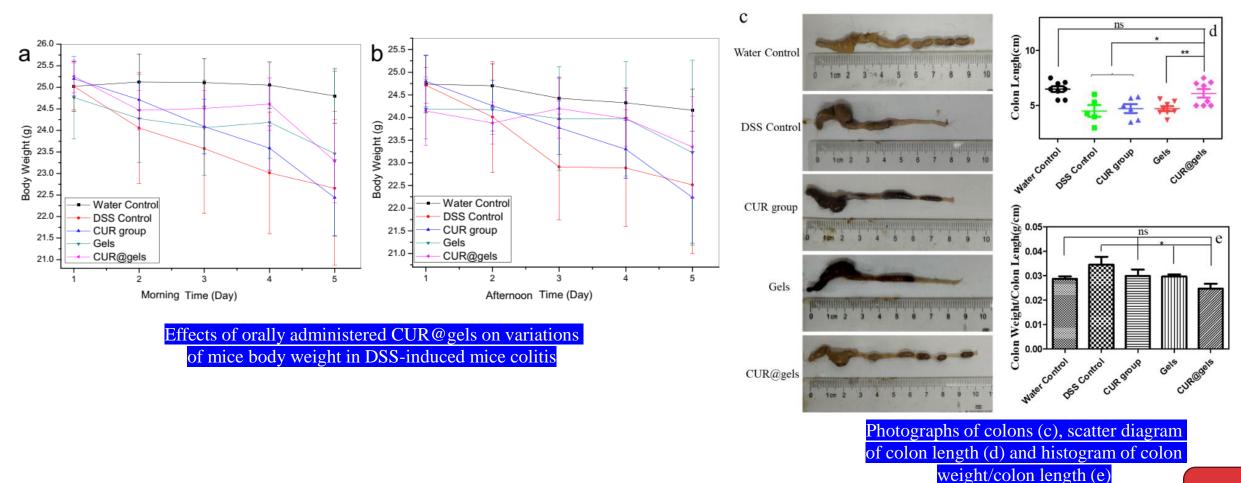
Case Study 3 – Carboxymethyl Chitosan Microspheres



Zhang, Shangwen, Li Kang, Sheng Hu, Jie Hu, Yanping Fu, Yan Hu, and Xinzhou Yang. "Carboxymethyl Chitosan Microspheres Loaded Hyaluronic Acid/Gelatin Hydrogels for Controlled Drug Delivery and the Treatment of Inflammatory Bowel Disease." *International Journal of Biological Macromolecules* 167 (2021): 1598-612.



Case Study 3 – Carboxymethyl Chitosan Microspheres



Zhang, Shangwen, Li Kang, Sheng Hu, Jie Hu, Yanping Fu, Yan Hu, and Xinzhou Yang. "Carboxymethyl Chitosan Microspheres Loaded Hyaluronic Acid/Gelatin Hydrogels for Controlled Drug Delivery and the Treatment of Inflammatory Bowel Disease." *International Journal of Biological Macromolecules 167 (2021): 1598-612.*



Comparing the Three Approaches

Stimuli enzyme-responsive, pHsensitive, and dualmaterial systems



Materials synthetic polymers vs. natural starch vs. composite hydrogels Outcomes all approaches show localized delivery with varying release times



Practicality biocompatibility and scalability vary across systems





Benefits and Challenges

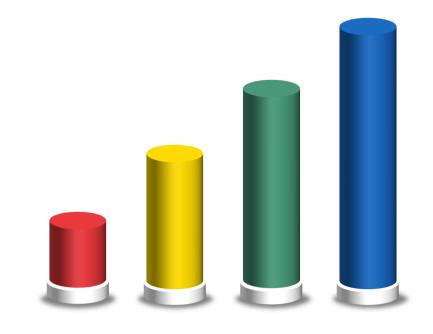
 Benefits
 Indexide treatment, reduced side enects biocompatibility.

 Challenges
 production cost, stability, and regulatory hurdles.

 Opportunities
 improved materials and advanced targeting.

 Future Outlook
 broad applications in personalized medicine.

localized treatment, reduced side effects,







Conclusion

Smart hydrogels revolutionize drug delivery in IBD treatment Controlled release mechanisms enhance therapeutic outcomes Current innovations point to a future of precision medicine Bridging research to clinical use remains a key challenge





THANK YOU